

## Teen Issues

Location	Author	Title
<b><u>Anxiety</u></b>		
<b>YA CAL</b>	Caletti, Deb	<b>The Nature of Jade</b>
Seattle high school senior Jade's life is defined by her anxiety disorder and dysfunctional family, until she spies a mysterious boy with a baby who seems to share her fascination with the elephants at a nearby zoo.		
<b>YA COL</b>	Colasanti, Susane	<b>Waiting for You</b>
Fifteen-year-old high school sophomore Marisa, who has an anxiety disorder, decides that this is the year she will get what she wants--a boyfriend and a social life--but things do not turn out exactly the way she expects them to.		
<b>YA HER</b>	Herbach, Geoff	<b>Stupid Fast</b>
Just before his sixteenth birthday, Felton Reinstein has a sudden growth spurt that turns him from a small, jumpy, picked-on boy with the nickname of "Squirrel Nut" to a powerful athlete, leading to new friends, his first love, and the courage to confront his family's past and current problems.		
<b>YA KUE</b>	Kuehn, Stephanie	<b>The Smaller Evil</b>
Chronically sick and anxiety plagued Arman Dukoff runs away to attend a self-actualization retreat where he eventually discovers both a bloody corpse and a sense of self that was not what he bargained for.		
<b>YA LEN</b>	Leno, Katrina	<b>Everything All at Once</b>
When her struggles with anxiety worsen in the aftermath of a family death, Lottie is bequeathed a series of letters from her late aunt, a best-selling author, who leaves instructions to help Lottie overcome her fears and explore her own literary voice.		
<b>YA ROS</b>	Roskos, Evan	<b>Dr. Bird's Advice for Sad Poets</b>
A sixteen-year-old boy wrestling with depression and anxiety tries to cope by writing poems, reciting Walt Whitman, hugging trees, and figuring out why his sister has been kicked out of the house.		
<b>YA 811.6 SCH</b>	Schutz, Samatha	<b>I Don't Want to be Crazy</b>
Having been so excited about going away to college in order to live the life of her dreams, Samantha finds the distance from her watchful family and the independence she desired very difficult to handle and suddenly begins to suffer from incapacitating anxiety attacks that change everything she had planned.		
<b>YA SHE</b>	Sher, Abby	<b>All the Ways the World Can End</b>
Lenny, sixteen, struggles to cope with her father's cancer, her best friend moving across the country, and more but in a sea of uncertainty, dreams of romance may become her anchor.		

## Teen Issues

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### Autism Spectrum Disorders

**YA CHO**

Cholodenko, Gennifer

**Al Capone Does My Shirts**

A twelve-year-old boy named Moose moves to Alcatraz Island in 1935 when guards' families were housed there, and has to contend with his extraordinary new environment in addition to life with his autistic sister.

**YA CHO**

Choldenko, Gennifer

**Al Capone Shines My Shoes**

Moose Flanagan, who lives on Alcatraz along with his family and the families of the other prison guards, is frightened when he discovers that noted gangster Al Capone, a prisoner there, wants a favor in return for the help that he secretly gave Moose.

**YA FRA**

Franklin, Emily and  
Halpin, Brandon

**The Half-Life of Planets**

An unlikely romance develops between a science-minded girl who is determined to reclaim her reputation and a boy with Asperger's Syndrome.

**YA HAD**

Haddon, Mark

**The Curious Incident of the Dog in  
the Night-Time**

Despite his overwhelming fear of interacting with people, Christopher, a mathematically-gifted, autistic fifteen-year-old boy, decides to investigate the murder of a neighbor's dog and uncovers secret information about his mother.

**YA HAU**

Hautman, Pete

**Slider**

Hoping to win a cash prize in a pizza eating contest after racking up a tab on his mother's credit card, David must juggle his competitive eating training with the responsibility of looking after his autistic younger brother.

**YA MAT**

Mathieu, Jennifer

**Afterward: A Novel**

When eleven-year-old Dylan Anderson is kidnapped, his subsequent rescue leads to the discovery of Ethan Jorgensen, who had disappeared four years earlier, and now Dylan's sister Caroline befriends Ethan and wants to learn the truth about her autistic brother's captivity.

## Teen Issues

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### Bipolar Disorder

**YA COL**

Colbert, Brandy

**Little & Lion**

Suzette returns home to Los Angeles from boarding school and grapples with her bisexual identity when she and her brother Lionel fall in love with the same girl, pushing Lionel's bipolar disorder to spin out of control and forcing Suzette to confront her own demons.

**YA HOP**

Hopkins, Ellen

**Impulse**

Three teens who meet at Reno, Nevada's Aspen Springs mental hospital after each has attempted suicide connect with each other in a way they never have with their parents or anyone else in their lives.

**YA NIJ**

Nijkamp, Marieke

**Before I Let Go**

Returning to her small Alaska home town after her bipolar best friend's death, Corey uncovers chilling secrets about the townspeople and their treatment of Kyra prior to her drowning.

**YA NIV**

Niven, Jennifer

**All the Bright Places**

When Finch and Violet meet on the ledge of the bell tower at school, it's unclear who saves whom. And when they pair up on a project to discover the "natural wonders" of their state, both Finch and Violet make more important discoveries: It's only with Violet that Finch can be himself – a weird, funny, live-out-loud guy who's not such a freak after all. And it's only with Finch that Violet can forget to count away the days and start living them. But as Violet's world grows, Finch's begins to shrink.

**YA SON**

Sones, Sonya

**Stop Pretending: What Happened  
When My Big Sister Went Crazy**

It happens just like that, in the blink of an eye. An older sister has a mental breakdown and has to be hospitalized. A younger sister is left behind to cope with a family torn apart by grief and friends who turn their backs on her. But worst of all is the loss of her big sister, her confidante, her best friend, who has gone someplace no one can reach.

**YA BROWSING  
W**

Wunder, Wendy

**The Museum of Intangible Things**

Best friends Hannah and Zoe, seventeen, leave their down-and-out New Jersey town and drive west chasing storms, making new friends, and seeking the intangibles--audacity, insouciance, happiness--that their lives have lacked.

## Teen Issues

### Depression

**YA BROWSING** Asher, Jay **Thirteen Reasons Why**  
**A**

When high school student Clay Jenkins receives a box in the mail containing thirteen cassette tapes recorded by his classmate Hannah, who committed suicide, he spends a bewildering and heartbreaking night crisscrossing their town, listening to Hannah's voice recounting the events leading up to her death.

**YA CAL** Caletti, Deb **Essential Maps for the Lost**

When Mads discovers a dead body while she's swimming in the lake, she begins to obsess over who the woman was and what led her to commit suicide by jumping off a bridge. But when she starts to fall for Billy the woman's troubled son Mads isn't sure how much longer she can keep her obsession a secret.

**YA CAR** Cardi, Annie **The Chance You Won't Return**

High school student Alex Winchester struggles to hold her life together in the face of her mother's threatening delusions about being Amelia Earhart.

**YA BROWSING** Emond, Stephen **Happyface**  
**E**

After going through traumatic times, a troubled, socially awkward teenager moves to a new school where he tries to reinvent himself.

**YA GRE** Green, John and **Will Grayson, Will Grayson**  
Levithan, David

When two teens, one gay and one straight, meet accidentally and discover that they share the same name, their lives become intertwined as one begins dating the other's best friend, who produces a play revealing his relationship with them both.

**YA BROWSING** Halpern, Julie **Get Well Soon**  
**H**

When her parents confine her to a mental hospital, an overweight teenage girl, who suffers from panic attacks, describes her experiences in a series of letters to a friend.

**YA LOR** Lord, Emery **When We Collided**

Can seventeen-year-old Jonah save his family restaurant from ruin, his mother from her sadness, and his danger-seeking girlfriend Vivi from herself?

**YA OCK** Ockler, Sarah **Fixing Delilah**

When Delilah, her mother, and her aunt spend the summer in Vermont settling Delilah's estranged grandmother's estate, long-held family secrets are painfully brought to light and Delilah finally learns some difficult truths about her family's past.

## Teen Issues

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<b>YA PLA</b>	Plath, Sylvia	<b>The Bell Jar</b>
Esther Greenwood is a talented and intelligent, just beginning her promising career with a magazine internship in New York City. However, Esther is restless and unhappy, disoriented by life in the big city and finding her job increasingly difficult to deal with. After the completion of her internship, she returns to her family home in Massachusetts where her restlessness only multiplies. Hoping to make her living as an author, Esther feels unsure of her ability to write meaningfully. Over the course of the summer, her mental state declines and she is soon sent to receive psychiatric help in the form of electro-shock therapy		
<b>YA RIC</b>	Rice, Luanne	<b>The Beautiful Lost</b>
Ever since her mother left, Maia has struggled with depression, which has only gotten worse since her father remarried; so Maia decides run away to Canada to find her mother, together with Billy, a boy who now lives in a group home and has his own family tragedy--but when they finally arrive in Tadoussac, Quebec, Maia discovers that even her mother has been keeping secrets.		
<b>YA SAL</b>	Sales, Leila	<b>This Song Will Save Your Life</b>
Nearly a year after a failed suicide attempt, fifteen-year-old Elise discovers that she has the passion, and the talent, to be a disc jockey.		
<b>YA STO</b>	Stork, Francisco X	<b>The Memory of Light</b>
When Victoria Cruz wakes up in the psychiatric ward of a Texas hospital after her failed suicide attempt, she still has no desire to live, but as the weeks pass, and she meets Dr. Desai and three of the other patients, she begins to reflect on the reasons why she feels like a loser compared with the rest of her family, and to see a path ahead where she can make a life of her own.		
<b>YA GRAPHIC LIL</b>	Struble, Steven	<b>The Li'l Depressed Boy, volume 0: "Lonely Heart Blues"</b>
Before disastrous road trips. Before style-points. Before Jazmin. Join LDB as he takes his first steps on his search for love.		
<b>YA GRAPHIC LIL</b>	Struble, Steven	<b>The Li'l Depressed Boy, volume 1: "She is Staggering"</b>
Li'l Depressed Boy begins to pull out of his depression when he meets Jazmin, a strange and beautiful woman who likes him for who he is.		
<b>YA GRAPHIC LIL</b>	Struble, Steven	<b>The Li'l Depressed Boy, volume 2: "Moving Right Along"</b>
When Li'l Depressed Boy begins to fall back into his depression, his friend Drew Blood takes him on a road trip to see a concert.		
<b>YA GRAPHIC LIL</b>	Struble, Steven	<b>The Li'l Depressed Boy, volume 3: "Got Your Money"</b>
After recent heartbreak and road trip adventures, The Li'l Depressed Boy needs to put his life together. Step One: Find a job. But even gainful employment can't take the edge off the pressure of asking a new crush on a date.		

**YA TAY**

Taylor, Whitney

**Definitions of Indefinable Things**

Reggie isn't really a romantic: she's been hurt too often, and doesn't let people in as a rule. Plus, when you're dealing with the Three Stages of Depression, it's hard to feel warm and fuzzy. When Reggie meets Snake, though, he doesn't give her much of a choice. Snake has a neck tattoo, a Twizzler habit, and a fair share of arrogance, but he's funny, charming, and interested in Reggie.

Snake also has an ex-girlfriend who's seven months pregnant. Good thing Reggie isn't a romantic.

**YA BROWSING**

Vizzini, Ned

**It's Kind of a Funny Story**

V

Like many smart, ambitious New York City teenagers, Craig Gilner seeks entry into Manhattan's most prestigious school, Executive Pre-Professional High School. With single-minded determination, he works night and day to ace the entrance exam and gets in. That's when everything starts to unravel.

## Teen Issues

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### **Disassociative Identity Disorder**

**YA FRI**

Friesen, Jonathan

**Both of Me**

When her carry-on bag is accidentally switched with Elias's identical pack, Clara uses the luggage tag to track down her things. At that address she discovers there is not one Elias Phinn, but two.

**YA HOP**

Hopkins, Ellen

**Identical**

Sixteen-year-old identical twin daughters of a district court judge and a candidate for the United States House of Representatives, Kaeleigh and Raeanne Gardella desperately struggle with secrets that have already torn them and their family apart.

**YA LEN**

Leno, Katrina

**The Half Life of Molly Pierce**

Molly, a seventeen-year-old girl who suffers from dissociative identity disorder, has played host to Mabel, a completely distinct personality, for most her life. When Molly faces a crisis Mabel doesn't know she can handle, Mabel lets Molly in on her secrets.

**YA OLI**

Oliver, Lauren

**Vanishing Girls**

Two sisters inexorably altered by a terrible accident, a missing nine-year-old girl, and the shocking connection between them.

**YA KUR**

Kurtagich, Dawn

**The Dead House**

Told through journal entries, a psychotherapist's notes, court records, and more, relates the tale of Carly, a teen who was institutionalized after her parents' death but released to Elmbrige High School, where she is believed to have a second personality or soul named Kaitlyn, and/or be possessed by a demon.



## Teen Issues

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### Eating Disorders

**YA BROWSING** Anderson, Laurie Halse **Wintergirls**

**A**

Lia and Cassie were best friends, wintergirls frozen in matchstick bodies. But now Cassie is dead. Lia's mother is busy saving other people's lives. Her father is away on business. Her stepmother is clueless. And the voice inside Lia's head keeps telling her remain in control, stay strong, lose more, weigh less. If she keeps on going this way -- thin, thinner, thinnest -- maybe she'll disappear altogether.

**YA ANO** Anonymous **Letting Ana Go**

Required by her cross-country coach to keep a food diary, an insecure teen finds that writing helps organize her thoughts, especially about issues that she, her best friend, and her mother face related to weight and eating.

**YA BROWSING** Berne, Emma **Under Pressure**

**B**

Elise comes from a long line of college athletes. More than anything else, she wants to wear the University of North Carolina uniform and play for the college where her parents went. It's a lot of pressure, but if she works hard, she just might make it. At least that's what Elise thinks before she notices that some of her teammates are outplaying her. And a UNC scout is visiting in a few weeks. That's where the pills come in. Taking "performance supplements" makes Elise feel great, and soon she's playing like a powerhouse. But will it last? And can she keep her secret without getting caught?

**YA COL** Colbert, Brandy **Pointe**

Four years after Theo's best friend, Donovan, disappeared at age thirteen, he is found and brought home and Theo puts her health at risk as she decides whether to tell the truth about the abductor, knowing her revelation could end her life-long dream of becoming a professional ballet dancer.

**YA ELL** Elliot, Stephanie **Sad Perfect**

For sixteen-year-old Pea, eating has always been difficult. Some people might call her a picky eater, but she knows it's more than that, and it's getting worse. And now there's a monster raging inside of her, one that controls more than just her eating disorder. The monster is growing, and causing anxiety, depression, and dangerous thoughts. When Pea meets Ben and they fall crazy-mad in love, she tries to keep the monster hidden. But the monster wants out, and as much as she tries, she can't pretend that the bad in her doesn't exist. Unable to control herself, a chain of events thrusts Pea into a situation she never imagined she'd find herself in. With the help of Ben, her family, and her best friend, Pea must find the inner strength to understand that her eating disorder doesn't have to control her.



## Teen Issues

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<b>YA GEO</b>	George, Madeline	<b>Looks</b>
Meghan Ball is both the most visible and the most invisible person in school. Her massive size is impossible to ignore, yet people freely spill their secrets in front of her, perhaps because they think she isn't listening. But she is. Now her attention has turned to a new girl: Aimee Zorn, with her stick-figure body and defiant attitude. Meghan is determined to befriend Aimee, and when she ultimately succeeds, the two join forces to take down their shared enemy.		
<b>YA HOP</b>	Hopkins, Ellen	<b>Perfect</b>
Northern Nevada teenagers Cara, Kendra, Sean, and Andre, tell in their own voices of their very different paths toward perfection and how their goals change when tragedy strikes.		
<b>YA JAD</b>	Jaden, Denise	<b>Never Enough</b>
Sixteen-year-old Loann admires and envies her older sister Claire's strength, popularity, and beauty, but as Loann begins to open up to new possibilities in herself, she discovers that Claire's all-consuming quest for perfection comes at a dangerous price.		
<b>YA LIT</b>	Littman, Sarah Darer	<b>Purge</b>
When her parents check sixteen-year-old Janie into Golden Slopes to help her recover from her bulimia, she discovers that she must talk about things she has admitted to no one--not even herself.		
<b>YA BROWSING</b>	Moskowitz, Hannah	<b>Not Otherwise Specified</b>
<b>M</b>	Auditioning for a New York City performing arts high school could help Etta escape from her Nebraska all-girl school, where she is not gay enough for her former friends, not sick enough for her eating disorders group, and not thin enough for ballet, but it may also mean real friendships.	
<b>YA OSE</b>	Oseman, Alice	<b>Solitaire</b>
Tori Spring feels completely disconnected from her life--until she meets the relentlessly cheerful Michael Holden, and a series of schoolwide pranks starts to draw her out of her shell.		
<b>YA REE</b>	Reed, Amy	<b>Clean</b>
A group of teens in a Seattle-area rehabilitation center form an unlikely friendship as they begin to focus less on their own problems with drugs (including alcohol) by reaching out to help a new member, who seems to have even deeper issues to resolve.		
<b>YA BROWSING</b>	Shahan, Sherry	<b>Skin and Bones</b>
<b>S</b>	Sixteen-year-old Jack, nicknamed "Bones," won't eat. His roommate in the eating disorder ward has the opposite problem and proudly goes by the nickname "Lard." They become friends despite Bones' initial reluctance. When Bones meets Alice, a dangerously thin dancer who loves to break the rules, he lets his guard down even more. Soon Bones is so obsessed with Alice that he's willing to risk everything - even his recovery.	

## Teen Issues

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**YA BROWSING**   Sharples, Diana L.  
**S**

**Running Lean**

Calvin Greenlee copes with grief over his brother's recent death by racing his vintage Yamaha on rural North Carolina streets while his girlfriend, Stacey Youngblood, battles anorexia, and their relationship may not survive the strain.

## Teen Issues

Obsessive-Compulsive Disorder		
<b>YA AYA</b>	Ayarbe, Heidi	<b>Compulsion</b>
Poised to lead his high school soccer team to its third straight state championship, seventeen-year-old star player Jake Martin struggles to keep hidden his nearly debilitating obsessive-compulsive disorder.		
<b>YA BRO</b>	Brown, Jennifer	<b>Perfect Escape</b>
Seventeen-year-old Kendra, living in the shadow of her brother's obsessive-compulsive disorder, takes a life-changing road trip with him.		
<b>YA COH</b>	Cohen, Trish	<b>Little Black Lies</b>
Starting her junior year at an ultra-elite Boston school, sixteen-year-old Sara, hoping to join the popular crowd, hides that her father not only is the school janitor, but also has obsessive-compulsive disorder.		
<b>YA ELL</b>	Ellison, Kate	<b>The Butterfly Clues</b>
Having experienced compulsive behavior all her life, Lo's symptoms are getting her into trouble when she witnesses a murder while wandering dangerous quarters of Cleveland, Ohio, collecting things that do not belong to her, obsessing about her brother's death.		
<b>YA GOR</b>	Gornall, Louise	<b>Under Rose-Tainted Skies</b>
Will teenaged Norah, who is struggling with agoraphobia and OCD, accept that she could be the right one for sweet, funny Luke?		
<b>YA HAY</b>	Haydu, Corey Ann	<b>OCD Love Story</b>
In an instant, Bea felt almost normal with Beck, and as if she could fall in love again, but things change when the psychotherapist who has been helping her deal with past romantic relationships puts her in a group with Beck--a group for teens with obsessive-compulsive disorder.		
<b>YA HOP</b>	Hopkins, Ellen	<b>Fallout</b>
Hunter, Autumn, and Summer—three of Kristina Snow's five children—live in different homes, with different guardians and different last names. They share only a predisposition for addiction and a host of troubled feelings toward the mother who barely knows them, a mother who has been riding with the monster, crank, for twenty years.		
<b>YA MCG</b>	McGovern, Cammie	<b>Say What You Will</b>
Born with cerebral palsy, Amy can't walk without a walker, talk without a voice box, or even fully control her facial expressions. Plagued by obsessive-compulsive disorder, Matthew is consumed with repeated thoughts, neurotic rituals, and crippling fear. Both in desperate need of someone to help them reach out to the world, Amy and Matthew are more alike than either ever realized.		
<b>YA RIC</b>	Rice, James	<b>Alice and the Fly</b>
Greg's shyness has caused him to go out of his way to avoid talking with people he does not know. His English teacher, Miss Hayes, encourages Greg to keep a diary, as she feels that writing down his thoughts will help him to come out of his shell. As he struggles to make sense of his life, he turns his focus on his classmate, Alice.		

**YA SIL**

Silvera, Adam

**History is All You Left Me**

Secrets are revealed as OCD-afflicted Griffin grieves for his first love, Theo. Even though Theo had moved to California for college and started seeing Jackson, Griffin never doubted Theo would come back to him when the time was right. But when Theo dies in a drowning accident, the future he's been imagining for himself is gone. To make things worse, the only person who truly understands his heartache is Jackson. As Griffin loses himself in his obsessive compulsions and destructive choices, the secrets he's been keeping are tearing him apart.

**YA STO**

Stone, Tamara Ireland

**Every Last Word**

Consumed by a stream of dark thoughts and worries that she can't turn off, a girl coping with Purely-Obsessional OCD learns to accept herself and take control of her life through her experiences in poetry club.

**YA VAU**

Vaughn, Lauren Roedy

**OCD, the Dude, and Me**

With frizzy orange hair, a plus-sized body, sarcastic demeanor, and "unique learning profile," Danielle Levine doesn't fit in even at her alternative high school. While navigating her doomed social life, she writes scathing, self-aware, and sometimes downright raunchy essays for English class. As a result of her unfiltered writing style, she is forced to see the school psychologist and enroll in a "social skills" class. But when she meets Daniel, another social misfit who is obsessed with the cult classic film *The Big Lebowski*, Danielle's resolve to keep everyone at arm's length starts to crumble.

## Teen Issues

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### PTSD - War and Death

**YA AND**

Anderson, Laurie Halse

**The Impossible Knife of Memory**

Hayley Kincaid and her father move back to their hometown to try a "normal" life, but the horrors he saw in the war threaten to destroy their lives.

**YA QUI**

Quick, Matthew

**Boy21**

Finley, an unnaturally quiet boy who is the only white player on his high school's varsity basketball team, lives in a dismal Pennsylvania town that is ruled by the Irish mob, and when his coach asks him to mentor a troubled African American student who has transferred there from an elite private school in California, he finds that they have a lot in common in spite of their apparent differences.

### PTSD – Abuse and Assault

**YA GRA** Grace, Amanda **But I Love Him**

Ann is starting her senior year, she's a track star, and has a great boyfriend and she thinks she has it all together, but Conner is not liked by her friends or by Ann's mother, they think he is bad for her, and with good reason. Conner is possessive and abusive both physically and emotionally. Ann has given Conner all the pieces of her heart. But what happens when she forgot to save a piece of it for herself?

**YA HAL** Halpern, Julie **Don't Stop Now**

Recent high school graduates Lil and Josh leave Illinois for Oregon seeking Lil's sort-of friend Penny, who faked her own kidnapping to escape problems at home and an abusive boyfriend, but Lil also wants to find out if she and Josh are meant to be more than friends.

**YA KUE** Kuehn, Stephanie **Charm & Strange**

A lonely teenager exiled to a remote Vermont boarding school in the wake of a family tragedy must either surrender his sanity to the wild wolves inside his mind or learn that surviving means more than not dying.

**YA LEN** Leno, Katrina **The Lost & Found**

Fannie and Louis both belong to an online support group for trauma survivors. They both also have a strange tendency to lose things. But when they embark on a road trip to finally meet each other, they start to realize that the things you lose might be things you weren't meant to have at all, and that you never know what you might find if you just take a chance.

**YA LYG** Lyga, Barry **Boy Toy**

After five years of fighting his way past flickers of memory about the teacher who molested him and the incident that brought the crime to light, eighteen-year-old Josh gets help in coping with his molester's release from prison when he finally tells his best friends the whole truth.

**YA PER** Perry, Jolene **Stronger Than You Know**

After police intervention, fifteen-year-old Joy has finally escaped the trailer where she once lived with her mother and survived years of confinement and abuse. Now living with her aunt, uncle, and cousins in a comfortable house, she's sure she'll never belong. Wracked by panic attacks, afraid to talk to anyone at her new school, Joy's got a whole list of reasons why she's crazy. With immense courage, Joy finds friends and grows closer to her new family.

**YA QUI** Quick, Matthew **Forgive Me, Leonard Peacock**

How would you spend your birthday if you knew it would be your last? Eighteen-year-old Leonard Peacock knows exactly what he'll do. He'll say goodbye. Not to his mum - who he calls Linda because it annoys her - who's moved out and left him to fend for himself. Nor to his former best friend, whose torments have driven him to consider committing the unthinkable. But to his four friends: a Humphrey-Bogart-obsessed neighbor, a teenage violin virtuoso, a pastor's daughter and a teacher. Most of the time, Leonard believes he's weird and sad but these friends have made him think that maybe he's not. He wants to thank them, and say goodbye.

## Teen Issues

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**YA SMI**

Smith, Amber

**The Last to Let Go**

When her mother is arrested for killing Brooke's abusive father, Brooke must confront the shadow of her family's violence and dysfunction.

**YA WER**

Werlin, Nancy

**The Rules of Survival**

Seventeen-year-old Matthew recounts his attempts, starting at a young age, to free himself and his sisters from the grip of their emotionally and physically abusive mother.



### Schizophrenia

**YA ELL**      Ellison, Kate      **Notes from Ghost Town**

Young artist Olivia Tithe struggles to keep her sanity as she unravels the mystery of her first love's death through his ghostly visits.

**YA KLA**      Klavan, Andrew      **Crazy Dangerous**

Sam Hopkins fights back when he sees bullies harassing Jennifer, an eccentric schoolmate who, he learns, is having terrifying hallucinations about demons, death, and destruction which may just come true unless Sam can stop them.

**YA LEA**      Leavitt, Martine      **Calvin**

Born on the day the last Calvin and Hobbes comic strip was published, seventeen-year-old Calvin, a schizophrenic, sees and has conversations with the tiger, Hobbes, and believes that if he can persuade the strip's creator, Bill Watterson, to do one more strip, he will make Calvin well.

**YA**      Scheier, Leah      **Your Voice is All I Hear**  
**BROWSING**  
**S**

When her only friend transfers to a different high school, April braces for the worst year of her life, until she meets a charismatic boy named Jonah, who is diagnosed with schizophrenia. When his health declines, April must make an impossible choice: stick with the boy she loves or let him go so they can both heal.

**YA SHE**      Sheff, Nic      **Schizo**

Driven to the point of obsession to find his missing younger brother, Teddy, and wrapped up in a romance that may or may not be the real thing, Miles is forever chasing shadows. As Miles feels his world closing around him, he struggles to keep it open, but what you think you know about his world is actually a blur of gray, and the sharp focus of reality proves startling.

**YA SHU**      Shusterman, Neal      **Challenger Deep**

Caden Bosch lives in two worlds. One is his real life with his family, his friends, and high school. There he is paranoid for no reason, thinks people are trying to kill him, and demonstrates obsessive compulsive behaviors. In his other world, he's part of the crew for a pirate captain on a voyage to the Challenger Deep, the ocean's deepest trench. There he's paranoid, wary of the mercurial captain and his mutinous parrot, and tries hard to interpret the mutterings of his fellow shipmates as they sail uncharted waters toward unknown dangers. Slowly, Caden's fantasy and paranoia begin to take over, until his parents have only one choice left.

**YA WAR**      Warman, Jessica      **Breathless**

At boarding school, Katie tries to focus on swimming and becoming popular instead of the painful memories of her institutionalized schizophrenic older brother.

**YA ZAP**      Zappia, Francesca      **Made You Up**

Armed with her camera and a Magic 8-Ball and her only ally (her little sister), Alex wages a war against her schizophrenia, determined to stay sane long enough to get into college.

## Teen Issues

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### Self-Harm/Cutting

**YA GLA** Glasgow, Kathleen **Girl in Pieces**

As she struggles to recover and survive, seventeen-year-old homeless Charlotte "Charlie" Davis cuts herself to dull the pain of abandonment and abuse.

**YA KUD** Kuderick, Madeleine **A Kiss of Broken Glass**

In the next 72 hours, Kenna may lose everything – her friends, her freedom, and maybe even herself. One kiss of the blade was all it took to get her sent to the psych ward for 72 hours. There she will face her addiction to cutting, though the outcome is far from certain.

**YA PFE** Pfeffer, Susan Beth **Blood Wounds**

Willa is lucky: She has a loving blended family that gets along. Not all families are so fortunate. But when a bloody crime takes place hundreds of miles away, it has an explosive effect on Willa's peaceful life. The estranged father she hardly remembers has murdered his new wife and children, and is headed east toward Willa and her mother. Under police protection, Willa discovers that her mother has harbored secrets that are threatening to boil over. Has everything Willa believed about herself been a lie?

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